

Handout 1a

Task 1

If I were temporarily incapacitated what would I want other people to take into account when making decisions on my behalf?

- 1. What would be important to me?**
- 2. Who would I trust to make the small decisions?**
- 3. Who would I trust to make the big decisions?**
- 4. How would I want to be treated?**
- 5. How would I not want to be treated?**

Task 2

- 1. What decisions do I make or help people to make?**
- 2. How might I involve them more in making decisions?**
- 3. What concerns do I have about the decisions I make or support people to make?**
- 4. What support might they need to make better decisions?**
- 5. What support might I need to help people make better decisions?**